



How to use Singapore Math Live to help you with math each day:

Use the SML Syllabus to schedule your week and to know what exercises to do in the workbook each day as well as which pages to do in IP and CWP. In general, you will probably be doing one exercise in the workbook, one or two pages in IP, and one page in CWP each day. Some days you might need to do 2 exercises and nothing in CWP or you might have to make other adjustments, but overall, it's going to be about one exercise, 1-2 IP pages, and 1 CWP page. Also, plan to do all the problems in the Workbook and in the CWP book and use the IP book to adjust your workload so that it is manageable. You might sometimes do every-other-problem in the IP book, adding in a problem that you skipped if you get a wrong answer. Singapore Math Live provides support for every problem, but you don't have to do every question to have an excellent math education!

The first thing you'll do each day is *view the instruction recording* for the exercise that you will do that day. After the recording, you'll *do the exercise in the workbook*. If you get stuck on a workbook problem, you can check the Week-at-a-Glance recordings to get help with those. If you scroll under the video, you'll see time stamps to help you find the time in the video where each problem is worked and explained. Not every problem is worked in that recording, but the hard ones are worked! And, by the way, there are practice and review problems in the Textbook that are not assigned because they are more practice of the same level as the Workbook. It's best to have as much time as possible to do more rigorous problems like the IP book has. When you finish the workbook exercise, you should take a break from math and work on something else for a while to let your math-brain rest a bit!



Later, when you're ready for Round 2, *work in the IP book*. If you get stuck on the practice problems, you'll find help in the Week-at-a-Glance recording. If you are working in the Word Problems or Take the Challenge sections, you'll find solutions for every single problem in the recordings titled "IP." Remember to use the time stamps in all recordings mentioned. Now, once again, take a break from math!

Finally, when you're ready for Round 3, *work in the CWP book*. Generally, you'll do one page a day, and that page will have 2 or 3 problems on it. It's a great idea to set a timer and work for 3-5 minutes - long enough to really think about the problem but not long enough to get frustrated by it! Then, go to the video (which also has time stamps) and see how Brenda worked it. You might want to watch how she started it and then pause the video and try to work it yourself. Or you might watch Brenda work the problem and then try to do it on your own.

By following this plan, you will have the chance to tackle math in three settings instead of having one long marathon math lesson! It helps to attempt problems when you have a fresh brain, and it also helps to go to the recordings pretty quickly, so you don't spend too much time being frustrated about math. Just like training for a marathon is hard work, training your brain to excel in thinking skills and mathematics computation will also feel like hard work at times! But it is worth the effort! Hopefully, you will be able to view the challenge as enjoyable instead of frustrating.